Your Nursing Career Opportunities
at Heart of England NHS Foundation Trust
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A message from our Chief Nurse - Sam Foster

We strive to ensure that Heart of England NHS Foundation Trust is a place where you will want to come and work and more importantly where you will want to stay and work with us for your career.

Heart of England NHS Foundation Trust (HEFT) is one of the largest acute Trusts in the country encompassing the main hospital sites of Heartlands in Bordesley Green; Good Hope in Sutton Coldfield and Solihull hospital as well as the Birmingham Chest Clinic situated in the city centre. We now provide many of the Solihull community services which have enabled us to develop new and innovative ways to integrate acute and community services to the benefit of our patients.

Whether you are looking to rotate through specialities; develop yourself from Staff Nurse to Leader; become an Educator within our Trust Faculty; branch out to a specialist area; become an Advanced Clinical Practitioner then Heart of England is the place for you.

If you have a passion for research, why not look at working as part of a team at HEFT undertaking research as part of your working week, in practice, supported by our Florence Nightingale Chair in Clinical Practice.

Are you a newly qualified nurse starting out on your career pathway? If so then we will nurture you through pastoral support, and educate you through our Preceptorship and tailored two week induction as well as offering you a fantastic range of clinical areas to work in.

We have a strong senior nursing team at HEFT that are committed to supporting and developing all of our nursing staff wherever they are in their career. We believe in compassionate care; being kind; going the extra mile; and treating people how we would like to be treated ourselves. If this is what you are seeking as a professional and for the care that you provide as a nurse then come and join us!

Kind regards

Sam
Heartlands Hospital
A centre for Nursing Excellence!

Heartlands Hospital (formerly East Birmingham Hospital) opened in the 1960s; although before that it was famous as Little Bromwich Fever Hospital.

Now Heartlands (BHH) has 612 adult inpatient beds, children inpatient beds and the busiest maternity unit in the West Midlands. We are a regional centre for thoracic surgery, vascular services, infectious diseases and renal medicine as well as having one of the busiest emergency departments in the country. We also have 10 Operating theatres, a hyper-acute stroke unit, critical care departments, a Professor of Nursing and a pretigious innovation and research department.

Our OPD attendances each year are 318,000. Our ED attendances each year are 120,000. Our surgical cases each year are in excess of 8,500 surgical cases per year.

BHH is led by a Head Nurse and three Associate Head Nurses supported by eight Matrons covering the inpatient adult areas.
Good Hope Hospital

Good Hope Hospital serves north Birmingham, Sutton Coldfield and a large part of south east Staffordshire, including Burntwood, Lichfield and Tamworth. The catchment population is about 450,000. The site management team consists of an operational manager, an associate medical director and a head nurse.

The hospital provides a range of services including ED, acute medicine, elderly care, respiratory, cardiology, surgery, trauma and orthopaedics, critical care, stroke care, maternity and paediatrics. There is a state of the art treatment centre that runs a range of outpatient services. Also on site is a recently refurbished Education Centre and also the Partnership Learning Centre, which is part-funded by the Medical School of the University of Birmingham and houses the simulation centre.

We have around 79,400 attendances to our Emergency department every year, outpatients see around 264,000 every year and we see around 5,200 elective case and 24,873 day cases per year.
Solihull Hospital and Community services became one organisation in April 2011, and as a team this has allowed us to work towards achieving an integrated model of care with the patient in the heart of all the care we provide either within the hospital or within the community setting. Both the Head Nurse and Associate Head Nurse are integrated roles for both the hospital and community nursing services supported by matrons within the hospital and senior nurses within the Community.

Single point of Access, District Nursing teams, falls prevention, Virtual wards, and supported integrated discharge are co-located in the hospital providing opportunities to work closely together for the benefit of our Solihull community. Opportunities are available for nurses to work within the hospital and community settings which offer a unique learning experience for the nursing workforce.

Within the hospital we have 184 beds which include Stroke, Cardiology, Acute Medicine, Minor Injuries Unit, Elderly Care, Respiratory medicine, General Surgery and Elective orthopaedic surgery. We have a busy outpatients department, an Ophthalmology department, Day procedures Unit and Rheumatology and are a regional centre for Dermatology.

The community provide a range of health care services for people in Solihull. Community services provide a variety of support to help people remain in their home and prevent hospital admissions. This provided by occupational therapy teams, heart failure service, Palliative care teams, District Nurses, Respiratory team, Single Point of Access and the Virtual ward teams. Other community services that provide health and wellbeing are the diabetes team, Musculoskeletal services, Podiatry, Speech and Language, continence, nutrition and Specialist Children services.
Paediatric & Neonatal Services

The Paediatric service at HEFT is one of the largest in the country, seeing over 100,000 children/year across the departments. There are 2 Paediatric ED services at BHH & GHH- staffed by children’s nurses & each having a Lead Children’s Nurse- the ED departments see approx. 60,000 children/year.

The Paediatric service at BHH has an inpatient ward, a specialist Paediatric HDU, a Paediatric Assessment Unit & a day case ward for both surgical & medical day cases.

At GHH there is a Children’s Assessment Unit but no inpatient services. In addition there are Children’s Outpatient Services at BHH, GHH & SH. The service is also supported by a range of Clinical Nurse Specialist’s including: acute hospital at home, HIV, Allergy, Respiratory & Dermatology. The Neonatal Service is based on 2 sites- a Level 3 Unit at BHH consisting of 32 cots & a 7 cot transitional care unit; this is also the Regional Cooling Centre for Neonates. GHH has a Level 1 unit, consisting of 16 cots & takes babies from 34 weeks.

Both services have excellent Practice Educator’s & offer a wide range of development for staff. Paediatric & Neonatal Services are part of the Women’s & Children’s Division & are supported by a Head Nurse, 2 Matrons & 7 Ward Sisters.
The Faculty of Education

The Faculty was launched in 2010 to support delivery of the Trust’s workforce development strategy. The Faculty of Education provides Heart of England Foundation Trust staff both clinical and non-clinical, with education and development opportunities. The Faculty provides a two week nurse induction programme to support all new nurses starting at Heart of England NHS Foundation Trust.

All of the Faculty training can be found on the Faculty Education website on the Course A-Z. Courses available to registered nurses include; Funded Leadership Programmes, End of Life Care Degree Module, Perceptorship Band 5 and Supporting Learning, Assessment in Practice (SLAiP) and many degree and Masters level modules. All run in house and in practice.

Looking after our newly qualified nurses at HEFT

Newly registered band 5 nurses new to HEFT – Welcome! Here at HEFT we value our staff and have Preceptorship activities designed to invest in you and support you through your first 12 months at HEFT to ensure you deliver excellent patient care, and feel supported, educated and motivated through the first steps of your nursing career.

This includes

- Corporate Induction.
- 2 week Nurse Induction
- A named Educator for every new band 5 nurse- offering pastoral support and guidance.
- Additional 3 day Multi-Professional Preceptorship programme with optional degree accreditation.
- A named Preceptor for clinical support.
- Monthly Preceptorship Forums for support across each site – see under upcoming events.
HEFT Nurse Induction
ensuring you have the knowledge you need

For newly qualified Band 5 nursing staff and all qualified nurses new to HEFT.

The programme consists of corporate induction, supernumerary clinical shifts, classroom based study days and time for self directed learning.

Topics include:

- Governance & Raising Concerns.
- Oxygen Therapy.
- Nursing Documentation including DATIX.
- Medicines Management.
- Continuing Professional Development.
- Introduction to Medical Devices.
- Safety Manuals & Resources to Support Safe Practice.
- Medicines Dashboard.
- MEWS/NEWS/PEWS.
- Neuro Obs.
- Sepsis Recognition.
- Fluid Balance.
- Diabetes.
- Blood Glucose Monitoring.
- Nutritional Support.
- NG Tubes/Feeding.
- Blood Transfusion.
- Tissue Viability & SSKIN.
- Pain Assessment & Management.
- Intravenous Therapy Course.
- Falls.
- End of Life Care
- Dementia Care.

If you require any further details please contact:
Catherine.wilson@heartofengland.nhs.uk
Teresa.walton@heartofengland.nhs.uk

Faculty of Education
Nursing career pathways available to you at HEFT

Newly qualified
Education in practice
Working in the community
Research
Education
Specialist nurses
Advanced practice
Leadership
Transition and Preceptorship programme including pastoral support

MSc in Clinical Practice e.g. Neonatal Nursing

Joint Acute and Community Trust offering opportunities in both settings

MSc in Research and the opportunity to work with our Professor of Nursing

PG Certificate in Education

Experience, support and education in the development of specialist practice

Advanced Clinical Practitioner programme within our Faculty

Frontline leadership programmes
Our nurses – their stories

Advanced Practice - Garry Swann Nurse Consultant at HEFT

I am a Consultant Nurse at HEFT and am very proud of my nursing roots and my role as Clinical Director overseeing our unique programme for the development of the Advanced Clinical Practitioner (ACP) at HEFT. ACP’s are senior clinicians, many of whom are from a nursing background, and are trained to see and treat patients irrespective of their age or level of acuity. The ACP’s contribute to a better ‘quality blended’ clinician workforce.

We have some of the best development opportunities for nurses anywhere in the UK and will design a unique pathway to guide your development through a fully funded Masters programme to senior clinician status. The programme is gaining international recognition for its bold and innovative approach.

Please feel free to contact me at garry.swann@heartofengland.nhs.uk
Working in the Community – Cathy Hone Clinical Lead Virtual Wards at HEFT

I was a ‘mega-mature student’ and I have worked in the NHS for over 22 years! I joined the NHS as a Health Care Assistant working with patients in their own homes. I then trained as a nurse and qualified as a Staff Nurse; after working briefly in an acute setting I went to work in the community which is my passion. The skills offered in the community and the autonomous working is challenging but extremely rewarding. I was sponsored to complete the Specialist Practitioner in District Nursing at degree level and progressed into the role of Senior District Nurse and then into my current role as the Clinical Lead for Virtual Wards. As Solihull Hospital and Community services are integrated as part of HEFT there are many new roles being created that help us move forward with the integration of acute and community services and a more seamless journey for our patients. Anything is possible and achievable if you have ambition and passion!

Please feel free to contact me at Catherine.hone@heartofengland.nhs.uk

Specialist Nurses – Helen Lodhi and Kathryn Markham ENT Advanced Nurse Practitioners at HEFT

We are Head and Neck / Ear Nose and Throat Advanced Nurse Practitioners and our combined time working at HEFT is 58 years! Our careers have been varied including General and Thoracic Surgery before settling with ENT as Ward Managers. We obtained our Masters’ Degree in Advanced Practice at Birmingham University and since then we have become independent non-medical prescribers. All of this was achieved with the support from the Trust. We have developed a number of nurse led services and receive direct referrals from GP’s and our emergency departments and support Head and Neck Cancer patients throughout their clinical journey. We both find our roles really rewarding and enjoy our work at the Trust.

Please feel free to contact us at helen.lodhi@heartofengland.nhs.uk
Education – Anne Holland Faculty Senior Educator at HEFT

I joined the Trust in 1996, as a senior nurse to establish a new Ophthalmology service at Solihull Hospital. Education of staff, students and patients has always been my passion and my journey as an ‘official educator’ began in 2006 when I joined the Practice and Professional Development team; a role which enabled me to combine a love of teaching with clinical practice. I then became part of the Trust’s Faculty of Education where I am a Senior Educator and received support to complete my MSc in Advanced Healthcare Practice and most recently my PGCE for Health, Social Care and Allied Health Professionals. My role allows me to model best practice, maintain clinical skills and prepare, influence and support the healthcare workforce of the future; ensuring high quality, compassionate care for our patients. I love my job!

Please feel free to contact me at anne.holland@heartofengland.nhs.uk

Research – Simon Giles – Consultant Nurse in Critical Care at HEFT

I am a Consultant Nurse in Critical Care who leads the Critical Care Practitioner service. I commenced my career in HEFT (previously East Birmingham Hospital) in 1982 and progressed through the ranks to senior charge nurse in 1990. Critical Care was and still is my passion and HEFT being a progressive Trust sponsored me on the ‘first wave Advanced Nursing Practice’ Masters course, through Birmingham University in 1996. I was employed as an Advanced Nurse Practitioner in Critical Care, where as well as advancing my own skills was able to help develop the skills set within my nursing team as well as being actively involved in the research and evidence based practice, to ensure the best possible care for our patients. I progressed to my post as Consultant Nurse in Critical Care in 2000, being one of 5 posts within HEFT, where I currently lead a team of practitioners in Critical Care. Please feel free to contact me at simon.giles@heartofengland.nhs.uk
Leadership opportunities - Phil Hall – Dementia Specialist Nurse at HEFT

After qualifying as a Psychiatric Nurse in 2001 I followed the usual path of joining the local Mental Health Trust, working in a variety of settings with people with dementia. After completing post-graduate study in dementia and service development I began looking for a role where I could act as a positive influence and help to make real change happen. I spent two years at Burton Queen’s Hospital Trust and acute hospital care became my passion so when the opportunity arose I joined HEFT in January 2013. I have had several interesting roles since joining the Trust, setting up innovative new services and managing a specialist dementia ward for two years. My time at HEFT has been by far and away the most rewarding of my career and although we are very much at the beginning of a long journey of making our hospital’s truly dementia friendly it is one that I am passionate about and so are the Trust. Please feel free to contact me at phillip.hall@heartofengland.nhs.uk
Career progression at HEFT – Andrea Field Associate Head Nurse and Workforce Lead

I joined the Trust to complete my nurse training in 1985 when it was a single hospital and way before Trust status existed and I am still here now! I completed my training in 1988 and went on to be a Staff Nurse and then a Sister and Ward Manager in the acute elderly setting. By this time the hospital had merged with Solihull Hospital and I went into a Project Management role with responsibility for the implementation of Clinical Supervision across the Trust and from there I moved into the Practice Development team. At around this time I commenced my Diploma in Nursing and from there completed my BSc in Nursing and finally my MSc in Public Services Management. I invested a lot of time in my studies but was supported all the way by the Trust. I was seconded by the Trust to undertake the Kings Fund Leadership Programme before moving on to the role of Matron and then Associate Head Nurse, a role which I have undertaken at all three of the Trust’s Hospitals and now as part of the Chief Nurses senior team. 2015 is my 30th year at HEFT and due to the size of the organisation and the opportunities that have been open to me I have never needed to move to continue to advance my career.

Please feel free to contact me at andrea.field@heartofengland.nhs.uk
Birmingham

A great place to live and work

More people are discovering Birmingham than ever before. The city and its surrounding areas are securing record levels of visitors, businesses and investment.

In 2015, Birmingham is poised to welcome the world. This year is set to be one of the city’s busiest and most exciting periods in over a decade, following the culmination of huge levels of investment. New or revamped schemes will launch – such as the New Street station transport hub, the integrated leisure and entertainment complex Resorts World Birmingham, luxury destination The Mailbox and high end shopping destination Grand Central. Major cultural celebrations include the 25th anniversary of Birmingham Royal Ballet and 50 years of the contemporary art gallery Ikon.

But don’t just take our word for it. The influential travel publication Rough Guides has named Birmingham as one of the top ten global destinations to visit this year.

Birmingham’s top attractions

The city’s past is fascinating, and a visit to the ‘Birmingham, its people, its history’ gallery at Birmingham Museum & Art Gallery is a must.

We also love Thinktank Science Museum, home to 10 themed galleries of interactive fun, a digital planetarium and an outdoor science garden. For something a little different, explore the city by canal boat – Birmingham has more miles of canal than Venice and there’s plenty of beautiful scenery to take in.
Shopping

The Bullring is so much more than a shopping centre – it’s a tourist attraction in its own right. The sprawling complex is home to over 160 shops and two department stores, including Selfridges, which has become an iconic architectural landmark.

At the brilliant Custard Factory, you’ll find some of the city’s most interesting, imaginative, and quirky independent boutiques; and if you have something special in mind, take a stroll around the Jewellery Quarter, home to over 500 jewellery businesses and over 250 years of history.

Arts and culture

If you like your city breaks with a big helping of culture, Birmingham is the perfect place for you. The city’s events calendar is jam-packed, so you’re bound to find something fun happening – it could be anything from an outdoor arts or comedy festival to a celebration of whisky or literature.

For something a little more traditional, you can catch the City of Birmingham Symphony Orchestra at Symphony Hall, and the Birmingham Royal Ballet at the Birmingham Hippodrome. Or why not visit the new Library of Birmingham, designed by Dutch architects and now the largest public library in Europe.

Eating and drinking

Birmingham’s food scene is red hot – in more ways than one. The famous ‘Balti Triangle’ is home to some of Britain’s best spicy Indian curries, and you can sample even more fiery favourites at Lasan, named Best Local Restaurant on Gordon Ramsay’s F Word programme.

If fine dining is more your kind of thing, reserve a table at one of the city's four Michelin-starred restaurants; Purnell’s, Simpsons, Turners and Adam’s.

Sport

Birmingham is home to some of Britain’s best sporting venues, hosting a jam-packed calendar of events throughout the year.
Watch current and future Olympians battle it out, trackside the National Indoor Arena and Alexander Stadium, and follow in the footsteps of the masters at The Belfry - the spiritual home of golf.

If you’re a football fan, you’ll be spoilt for choice. The city is home to Premier League club Aston Villa F.C. and Championship team Birmingham City F.C., as well as nearby clubs West Bromwich Albion, Stoke City, and Wolverhampton Wanderers.

**For families**

This is the perfect city for keeping little ones busy.

A visit to Cadbury World is a dream come true for kids of all ages - did we mention it’s home to the world’s biggest Cadbury shop?

After all that sugar, wind down with a family ride at the world-class Cannock Chase mountain bike trails. If your little ones are animal lovers, they’ll love the National Sea Life Centre and the Birmingham Nature Centre.

**History and heritage**

Birmingham was once a world leader in the production of pens, buckles, buttons, jewellery, and guns. At the Black Country Living Museum, these skills and trades are brought back to life in an authentic village setting. Tolkien fan? Visit the village of Sarehole, where the legendary author lived, and is said to be the inspiration for Hobbiton and the Shire.

**Music and nightlife**

Music is one of the things Birmingham does best - what else would you expect from the city that gave us Led Zeppelin, Black Sabbath, UB40, and Duran Duran?

You can catch the best of the city’s modern musical talent at the Jam House and the Custard Factory, as well as the biggest names in music at the O2 Academy and the National Indoor Arena.

Heading out on the town? Brindleyplace in the city’s canalside development is the perfect place to start the night. Broad Street, lined with pubs, clubs and restaurants, is one of the busiest quarter miles in Europe.